



रामभाऊ म्हाळगी प्रबोधिनी
Rambhau Mhalgi Prabodhini

WOMEN Empowerment

Training Programmes



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Rambhau Mhalgi Prabodhini

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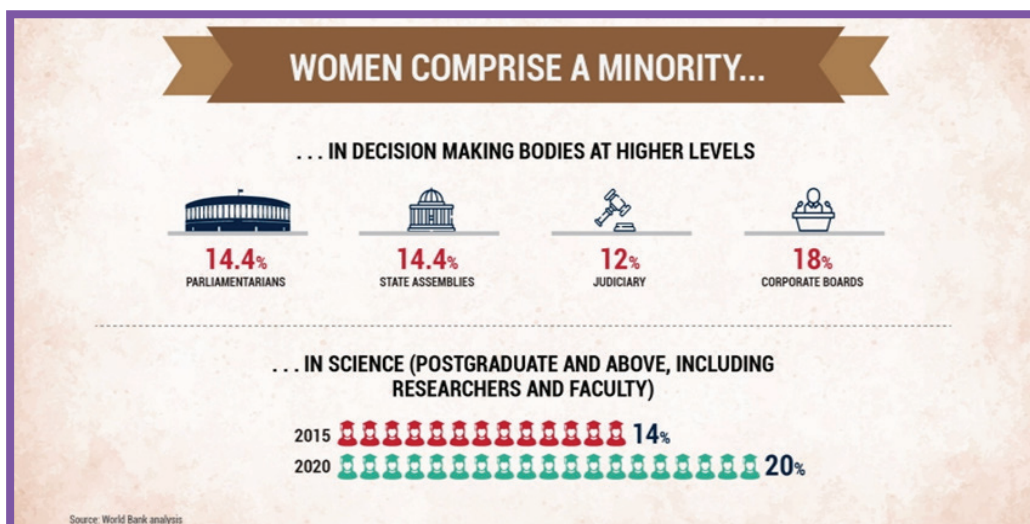
WOMEN EMPOWERMENT

CONTEXT

Rambhau Mhalgi Prabodhini is a renowned voluntary organisation providing capacity building and leadership development training for various individuals and groups in the political and social sectors. Prabodhini, which is inspired by the guiding principles of Awareness, Training and Research, has been awarded the NGO in Special Consultative Status by the United Nations. Prabodhini regularly organises activities on important topics such as good governance, education, personality development, institution building, women empowerment etc.



Women are making substantial contributions to various fields. Even in relatively challenging fields like politics, journalism, research, agricultural production, defence and industry, women are making significant achievements. In a parliamentary democratic system, the elected representatives have full power to make laws and implement them. In a sense, the elected government has universal and complete authority in a democracy. However, women, who constitute half of the society, have relatively very less participation in politics.



The resolution to achieve Viksit Bharat by 2047 cannot be fulfilled without the wider and decisive participation of women. The burden of orthodox ideas and related-expectations from women is a major obstacle to women empowerment.

While women in India have come a long way in terms of legal rights, much work remains to be done to ensure full gender equality and protection from discrimination and violence. Specialised training in specific fields can help women to actually avail the educational and employment opportunities that are available on paper. Having identified this need, Prabodhini has designed some specific training programmes.

BACKGROUND

In the last two years, Rambhau Mhalgi Prabodhini in association with National Commission for Women (NCW) had organised 15 special training programs for women empowerment at Prabodhini's residential complex at Uttan. The goal of this project was to make women leadership in the political sphere more capable and effective. About 600 women representatives of Gram Panchayat, Zilla Parishad, and Municipal Corporations of different districts of Maharashtra participated in the training programmes.



As part of the 'Panchayat to Parliament' programme, at the invitation of the National Commission for Women, 50 women representatives from Maharashtra visited Delhi on behalf of Prabodhini. The participants of this programme, organised on 5th January 2024, were fortunate to receive guidance from Hon. Omprakash Birla, Speaker, Lok Sabha, and other dignitaries.

Women make a significant contribution to agricultural and agriculture-related fields. However, their problems and issues are not given adequate attention. There are initiatives that can reduce their physical labour and increase the quality of their work, however, many of them do not reach the desired target. To bridge this gap, Prabodhini had organised a special workshop for women farmers and farm workers on 14th February 2024. The workshop offered training along with demonstrations on themes like farming and allied occupations, availability of loans, new technology, and sale of agricultural products.

WHO CAN BENEFIT FROM THE TRAINING PROGRAMMES?

- Aspiring women politicians
- Women office-bearers of political parties
- Elected women representatives
- Women farmers, farm workers, their self-help groups and other organisations
- Women in Farmers Producer Organisations (FPOs)
- Women Entrepreneurs
- Women aspirants for defence forces
- Women research aspirants
- Women journalists
- Women from social, governmental, and political spheres, who wish to employ Geospatial Technology in their respective fields



THEMES AND CONTENT OF THE TRAINING PROGRAMMES:

POLITICS

1. Women aspirants in politics

- Introduction to the Constitution
- Democracy and Politics
- Contribution of Women to Politics
- Laws relating to Women
- Women Empowerment: various Government Schemes
- My post – my responsibility
- Public relations and effective use of social media
- Personality development
- Values and ethics
- Leadership skills
- Communication and public speaking skills
- Managing mental stress
- Time management
- Socio-political activities: Practice, Innovation and Consistency

2. Women Office-bearers of political parties

- Introduction to the Constitution
- Contribution of Women to Politics
- Laws relating to Women
- Women Empowerment: various Government Schemes
- My post – my responsibility
- Annual report of the incumbent work
- Public relations and effective use of social media
- Public speaking in politics
- Managing mental stress
- Management of office work
- Future progress and achieving desired goals despite challenges

3. Women Elected Representatives

- Contribution of women in law making
- Nari Shakti Vandan Bill: Challenges and Opportunities
- Constituency – Public expectations, Planning of work and Annual Report on accomplishment
- Active participation in decision-making: Challenges and solutions
- Gram Panchayat/ Municipality / Vidhan Sabha: Laws, Rules and Financial provisions
- Women's issues: Changing social contexts
- Effective participation in the functioning of the Assembly / Council
- Team-building of party workers
- Public relations and effective use of social media
- Managing mental stress

AGRICULTURE

4. Women farmers, farm workers, their self-help groups and other organisations

- Contribution of women to agriculture in India
- Various Government facilities, schemes, and waivers for farmers
- Contemporary agriculture-allied activities
- Financial Planning of the profits from farming
- SOP for Group farming
- Improved farm implements designed for women
- Modernisation of agriculture and latest technology
- Plantation of medicinal and aromatic plants and allied business
- Financial empowerment – Self-Help Groups, Farmers Producers Organisations
- Managing Health



5. Women in Farmers Producers Organisations

- Farmers Producers Organisations – Concept, establishment, laws, office establishment, fund-raising, responsibilities
- Company registration process, documents required, statutory compliances
- Special Executive Officer – qualifications and responsibilities
- Financial management and financial empowerment of the institution
- International trade and related laws
- Current position of India's agricultural exports, goods in the market and chief exports
- Indian Government policies, initiatives, and schemes for promoting exports
- APEDA, Indian Space Board, ECGS, Exim Bank and Export Promotion Council – Farmers Producers Organisations for export of agricultural products
- Identifying potential markets and agricultural products

ENTREPRENEURSHIP

6. Women Entrepreneurs

- Resources for starting a new venture
- Grants and tax assistance
- Entrepreneurship skills and guidance
- Financial assistance and funding
- Demand and supply chain management
- Financial planning – availing loans and planning loan repayment
- Market research and analysis
- Planning sustainable growth of competitive ventures
- Interaction with successful entrepreneurs

ARMED FORCES

7. Women aspirants to the armed forces

- History of the Indian armed forces
- Introduction to the Constitution
- Preparation for Armed Forces recruitment
- Eligibility and Selection – entry schemes for women
- Medical examination of selected candidates
- Preparation for Physical Fitness
- Selecting proper training resources for entrance examinations
- Values and ethics
- Interaction with officers from the Indian armed forces

RESEARCH

8. Women research aspirants

- What is research? Nature and scope
- Contribution of women in the field of research
- Research Methodology
- Groundwork and goal-setting
- Introduction to and brief information about various research institutions
- Research Paper: background work
- Developing intellectual competence
- Special documentaries



JOURNALISM

9. Women journalists

- History of Indian journalism
- Contribution of Indian women to journalism
- Issues and challenges
- Laws relating to women
- Women empowerment
- Interaction/ interviews with senior/ successful women journalists
- How to overcome problems at the workplace?
- Public relations and effective use of social media
- Values and ethics in journalism

GEO-SPATIAL TECHNOLOGY

10. Women from social, governmental, and political spheres, who wish to employ Geospatial Technology in their respective fields

- What is geo-spatial technology?
- Role of geo-spatial technology in rural and urban development
- Geo-spatial technology for environment, water conservation, agriculture, and fisheries
- Use of GIS for creating Gram Panchayat Development Plan – GPDP
- Information about and demonstration of the various portals of ISRO
- Drone: Technology and uses

TRAINING: OTHER DETAILS:

- Duration: 3 days
- Fees: Rs. 3000/- per head
- Venue: Rambhau Mhalgi Prabodhini, Keshav Srushti, Essel World Road, Uttan, Bhayander West, Thane 401106

SPECIAL FEATURES OF THE TRAINING PROGRAMME:

- Green ambience, spacious training centre equipped with the latest facilities
- Use of group discussions, question-answer sessions, games, and audio-visual media
- Need-based training programme contents
- Pre-training questionnaire for participants
- Post-training online contact with participants
- Questionnaire-based evaluation report of the participants

EXPECTED OUTCOMES OF THE TRAINING PROGRAMMES:

- Clarity about the scope of one's field
- Enhanced emotional management capability
- Personality development, and stability of thought through emotional management
- Promoting holistic thinking about work

Contact

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TRAINING INFRASTRUCTURE AT RMP

The Knowledge Excellence Centre (KEC), a sprawling 15-acre campus nestled amidst the hills and green swathes is a luxurious and versatile event venue that offers an unforgettable experience for all types of occasions, specifically suited for the Residential Trainings. Peaceful environment with dedicated Library provides necessary ambience for self-learning and inner engineering. It has



Rooms & Suits



Training Hall & Auditorium



Dining Hall



Yoga & Meditation facility



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