



रामभाऊ म्हाळगी प्रबोधिनी  
Rambhau Mhalgi Prabodhini

# PERSONALITY DEVELOPMENT TRAINING





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## PERSONALITY DEVELOPMENT TRAINING

### FOR VARIOUS ELEMENTS IN DIFFERENT SECTORS OF SOCIETIES

#### ABOUT PRABODHINI

For the past 42 years, Rambhau Mhalgi Prabodhini has been active in the social and political arenas, with its three guiding principles of Training, Awareness, and Research. Prabodhini strives to facilitate the personality development and leadership-capacity building of varied groups of society like social workers and office-bearers of NGOs; teachers and non-teaching staff of educational institutions, professors, management members, college students, lawyers, doctors, women from various fields, political party workers, public representatives, and individual citizens.



The personality development training programmes offered by Prabodhini have benefited thousands of people.

The unique feature of Prabodhini is the modern and well-equipped Knowledge Excellence Centre, located in the beautiful natural environs of Keshav Srushti, Uttan. The inspirational guidance of renowned experts in respective domains is a major strength of the training programs being conducted by Prabodhini.

#### CONTEXT

Training is a crucial aspect of a healthy society, as it enables holistic development of efficient human resources. Trained human resources are necessary for social, educational, economic and political progress.

Development of the individual is inextricably linked with the holistic progress of the community, and of the entire nation. Individual personality development encompasses everything from communication skills and etiquette, to the latest professional skills, and this can be achieved through training. For a developed personality, as part of a progressive society, one needs to cultivate various aspects like professionalism, planning, and social and cultural sensitivity. At present, there is no formal institutional structure to offer such training. To fulfil this social need, Prabodhini has been active in offering personality development training programmes, since the past 40 years.

#### NATURE OF TRAINING:

- Intellectual, professional and skill-development training
- Confidence-building, inspirational and goal-oriented training
- Training to build a positive outlook towards oneself and society
- Duration of training programmes / camps 2 to 3 days
- Projected number of Participants per batch – minimum 35 to maximum 50

#### WHO CAN PARTICIPATE IN THE TRAINING?

- Individuals who wish to develop their personality and stay in tune with the changing times
- Office-bearers and members of NGOs, and social and cultural organisations
- Party workers, office-bearers and public representatives of different political parties
- Teachers, professors, Principals, management members of educational institutions
- College students, lawyers, doctors, working professionals, entrepreneurs, and others

## PERSONALITY DEVELOPMENT TRAINING

Different training programmes are organised on the various aspects of personality development. The focus areas of training are listed below.

Public speaking, efficiency and leadership are closely interlinked, irrespective of one's profession. The art of public speaking, and communication skills are extremely important aspects of personality development. Prabodhini has been offering quality training programmes on developing public speaking and communication skills for various fields and professions.

The importance of public speaking for political leadership is unparalleled. Political party workers have special requirements for training in public speaking. Prabodhini organises special training programmes for political public speaking, keeping in mind these special requirements. In-depth training on all the important aspects, ranging from reading habits to body language is provided.

### 1. Training on Public Speaking and Communication Skills

#### Themes of the sessions:

- Reading and research
- Pronunciation and Voice culture
- Practice and preparation for public speaking
- How to plan a speech?
- How to deliver a speech?
- Communication skills and body language
- Compering and presentation
- Dialogue through YouTube and podcasts
- Audio-visuals of selected speeches
- Practical sessions

### 2. Training on Public Speaking for Political Purposes

#### Themes of the sessions:

- Reading and research on politics
- History of political parties
- Practice and preparation for public speaking
- Pronunciation and Voice culture
- How to plan and deliver a speech?
- Communication skills and body language
- Political dialogue through YouTube
- Audio-visuals of selected speeches
- Practical sessions





### 3. Training on Compering and Presentation

Compering and presenting programmes is another aspect of the art of public speaking. This training can be useful for those who take deep interest in literature, art, and culture. Keeping in mind the skills required for compering of a music concert, or a public event, focused training is offered to the participants. Prabodhini has been successfully providing such training for many years.

#### Themes of the sessions:

- Pronunciation and Voice Culture
- Reading and research
- Compering and presentation skills – introduction, tips and tricks
- Communication skills and body language
- Writing the script
- Practical sessions



### 4. Leadership-building Training

Personality development is important for qualitative and quantitative success in any field, be it social, educational, cultural, political, or professional. Leadership skills are essential to achieve the heights of success. Therefore, Prabodhini conducts leadership-building training programmes to inculcate the necessary knowledge, information, and skills in the participants.

#### Themes of the sessions:

- Nurturing leadership
- Communication Skills
- Public speaking
- The history of the Indian Independence struggle
- Entrepreneurship and professionalism
- Effective use of social media
- The world of media
- Important social issues in Maharashtra and India (building social awareness)
- National security, foreign policy, and Geopolitics
- Leadership: building a holistic and mature perspective
- Indian culture and traditions (Bharatiya Knowledge Systems – BKS)



## 5. Social consciousness

Since the individual is an inextricable unit of society, the process of personality development is closely linked with society. Awareness of the social milieu in which one lives is a critical aspect of personality development. Thus, this workshop creates social awareness on diverse aspects like culture, values, history, agriculture, environment, lifestyle, and national security.

### Themes of the sessions:

- Social responsibility
- The history of social reforms
- India's freedom struggle – the value of freedom
- The Constitution of India – political and administrative structures
- Values: National integration, gender equality etc.
- Lifestyle and social awareness
- Controlled use of social media
- Environmental conservation
- Introduction to agriculture
- National security – awareness and importance
- Developing artistic taste – focus on literature, cinema and music
- Innovation, entrepreneurship, and professionalism



## 6. Workshop on Appreciation of 'Arts' (Abhiruchi)

Citizens with artistic knowledge and taste are a sign of a progressive and developed society. A healthy society requires individuals who are happy and content enough to appreciate the different arts.

This workshop is aimed at introducing the participant to the various arts, and helping him/her develop artistic taste. Renowned artists from different fields guide the participants on how to enrich the quality of life.

### Themes of the sessions:

- Why do we need to develop artistic taste?
- Befriending books
- An ear for classical music
- How to appreciate cinema?
- Film music: appreciation and enjoyment
- Understanding Theatre
- Appreciation of paintings
- Sculpture: discovering life in the lifeless!
- Introduction to dance
- The rich culture and tradition of folk art



## Our available Publications

Title	Author(s)	Price in Rs.
संघटनशास्त्र ( सहावी आवृत्ती )	संपादन : डॉ. विनय सहस्रबुद्धे	150.00
समीक्षा – संचित (निवडक इंग्रजी ग्रंथांच्या परीक्षणांचे संकलन )	लेखक : ज.द.जोगळेकर संपादन : रवींद्र साठे	300.00
आयसिसचा उद्रेक आणि त्याचे महाराष्ट्रावरील परिणाम	मधुबन पिंगळे	60.00
मर्यादांवर मात करू ! विद्यार्थ्यांमधील शारीरिक आणि मानसिक अक्षमतांचे व उपायांचे विवेचन	क्षिप्रा रोहित	50.00
अध्ययन अक्षमता - समजून घेताना	क्षिप्रा रोहित	50.00
कर्णबधिरत्व - उपायांतून उमेदीकडे	क्षिप्रा रोहित	50.00
उत्तम शेती	विकास मुरलीधर राजर्षी	100.00
भारतीय जनता पार्टी राजकारणात कशासाठी ? ( आवृत्ती : मराठी / हिंदी / इंग्रजी )	अमित शाह	30.00
असू अम्ही सुखाने पत्थर पायातील...!	सुहास वैद्य	100.00
छत्तीसगडमधील अंतर्गत सुरक्षितता आणि विकास : नक्षलवादी चळवळीचे परिणाम (अभ्यास अहवाल )	अभ्यास अहवाल	25.00
राजनीति के उस पार (तृतीय आवृत्ती )	संपादन : सुधीर नादगांवकर	150.00
संगठन कौशल ( चतुर्थ आवृत्ती )	संपादन : डॉ. विनय सहस्रबुद्धे	150.00
सांस्कृतिक राष्ट्रवाद के शिल्पी	अमित शाह	60.00
Al-Qaeda (Global Terror Incorporated)	Sudhakar Raje	50.00
Left Front Rule in West Bengal : Genesis, Growth and Decay	Dr. Ashok Modak Atul Bhatkhalkar	40.00
Development and Internal Security in Chattisgarh : Impact of Naxalite Movement	Research Report	30.00
Creativity In Cooperation (Four Success Stories)	Niranjan Welankar Ravi Pokharna	40.00
War On Terrorism (A Compilation of Seminar Papers)	Editor :Ravindra Sathe Milind Arolkar	30.00
Understanding Human Computer : System and Software	Arvind Bhaskar Rege	120.00
Including The Excluded (A Study of the Impact of Contract Labour Act 1970)	S. M .Dharap	150.00
The National Cause : (selected writings of S. G. Majgaonkar )	Translation : Anand Agashe	200.00
Architects Of Cultural Nationalism	Amit Shah	60.00



## TRAINING INFRASTRUCTURE AT RMP

The Knowledge Excellence Centre (KEC), a sprawling 15-acre campus nestled amidst the hills and green swathes is a luxurious and versatile event venue that offers an unforgettable experience for all types of occasions, specifically suited for the Residential Trainings. Peaceful environment with dedicated Library provides necessary ambience for self-learning and inner engineering. It has



Rooms & Suits



Training Hall & Auditorium



Dining Hall



Yoga & Meditation facility



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